

### **ABSTRACT**

This book is binding neuroscience with occultism and cosmology. It is discussing epilepsy with its esoteric and parapsychological sides. "Sacred disease" has a direct relationship with shamanism. This book explains what sort of a relationship it may be and what the medical proofs for this are.

Every subject can be considered according to occult laws like causality, gender, polarity, vibration, correspondence, rhythm, etc. This book is a pioneer in analysing a disease according to occult laws. This should be done for the other diseases as well.



## INDEX

1. The architecture of the cosmos, causality and epilepsy
2. Polarity
3. Balancing
4. From polarity to unity
5. Vibration and information channels of the universe
6. Universal forces and out of body experiences
7. Neurotheology
8. A Programme of 8 weeks to be balanced by decreasing Yin and increasing Yang
9. A Programme of 9 weeks to be balanced by creating value from a high Yin
10. Complementary and alternative ways for the treatment of epilepsy

Annex: 231 Doors

Questionary

References

## SECTION 1: THE ARCHITECTURE OF THE COSMOS, CAUSALITY AND EPILEPSY

Everything occurs through these stages according to the law of causality:

Accumulation of causes

Mental level

Astral level

Etheric level

Physical level

This is valid for diseases and healings as well.

Perinatal causes, traumas, vascular diseases, cerebral tumours, infections, degenerative diseases and alcohol are considered in the aetiology of epilepsy, however epilepsy is assessed as an idiopathic and/or cryptogenic disease in a big measure.

The causes of epilepsy remain unknown because of an approach which ignores unperceivable things (by five senses) and sees everything as physical. Epilepsy is related to our etheric body (our electricity) more than our physical body. It will remain "idiopathic" until the completion of the change of paradigm.

Diseases have karmic causes as well. Some karmic causes of epilepsy are;

an interrupted initiation process in a former life

an addiction in a former life

to be killed (or to have killed oneself) at the head in a former life

having a sucking crown chakra in this lifetime

contracts with family members

weak bounds to life

shamanic vocation

unbalanced Yin-Yang energies because of a very high Yin

inability to manifest his/her potential

shocks

lack of love and compassion to oneself

a feeling of being guilty

a habit to find many reasons to avoid making any effort.

Some mediumic knowledges and alternative studies prove that epilepsy is not a cerebral disease but a disease of the general energetic/electrical balance of the whole system. For this reason it can be healed by treatment of very different organs and systems.

A very high Yin energy means a phlegmatic structure. In this case water and earth elements are more dominant in relation to the elements of air and fire.

Epilepsy is classically considered in a relation with third eye and crown chakras, but there isn't any chakra which has nothing to do with epilepsy.

## SECTION 2: POLARITY

Three powers are needed for any event: Positive, negative and neutral powers. Trinity exists everytime, everywhere and at every level of energy. Positive and negative powers, namely Yang and Yin are masculin and feminin principles. The masculin principle represents enlarging, distributive, increasing and giving tendencies and the feminin principle, shrinking, pulling oneself together, decreasing and receiving tendencies. Neutral principle unites both of them and activates this unity.

These principles should be present and function all together. Right principle is needed in right time and place. A lack of balance between them is the cause of many unbalanced issues, many diseases and social problems. Epilepsy morbidity is much more by people dominated by feminin (Yin) energy. (Yin energy doesn't mean being a woman. A lady may have excessive Yang energy or a gentleman may have excessive Yin energy.)

In some ages Yin energy is dominant and in some other ages, Yang energy. The dominant energy manages the society.

In every problem we can see that three powers are not in balance. If we understand the universal laws, we may be able to use them for our advantage.

The increase of awareness, the initiation, creativity, art, symbolism, mysticism, shamanic activities and the role of "scape goat" belong to Yin energy.

Brain waves have a polarity as well. EEG polarity in epilepsy is many times negative (Yin). Also brain hemispheres represent Yin and Yang principles.

Temporal concepts, spaces, organs, elements, movements and everything have Yin/Yang polarity.

## SECTION 3: BALANCING

There are many ways to balance Yin and Yang energies. Firstly we should understand which energy is more dominant in us. (We suggest some tests for this.)

The energies of foods may serve to the balancing efforts. On the other hand they are not sufficient. We have to change our attitudes and behaviours as well. We suggested some long lists in this section to explain which attitudes and behaviours increase which energy.

Epilepsy in majority is seen in individuals dominated by Yin principle, and very rarely in individuals dominated by Yang principle. For epilepsy patients whose Yin energy is very high, there are two alternative ways:

1. They may be balanced by decreasing Yin and increasing Yang,
2. They may be balanced by discharging the high Yin energy through activities of service.

There are some clues showing who should prefer which way.

Art and devotion are also carrying balancing elements. Different arts have different Yin/Yang values. The same can be said for religious devotion activities as well.

We can measure how much we are balanced. Its clues are suggested in this section as lists.

## SECTION 4: FROM POLARITY TO UNITY

Our age and civilization are dominated by Yang (masculin) principle. For this reason Yang values are considered as "good" and Yin values as "bad". Patriarchy is the effect of this approach. Today Yin principle is rising.

Yang-dominant understanding has created a stigma on Yin principle. This caused the "status of woman" and stigmatized all alternative cases as left-handedness, art, g&l tendencies, mental diseases, alternative policies, epilepsy and many other things. Today this stigma is diminishing. The balance of Yin and Yang determines even the dominant social class.

Apart from this, epilepsy has a very close relationship with geomagnetism and significant similarities with earthquakes. (We listed these similarities in this section.) Patients feel after a seizure that "an earthquake happened in their head".

## SECTION 5: VIBRATION AND INFORMATION CHANNELS OF THE UNIVERSE

Level of awareness, evolution and frequency are direct proportional. Everything has a vibration. "Vibrational Medicine" is developed by using the principle of vibration. As broadcasts in different frequencies, there are some universal broadcasts as well. Everyone receives informations appropriate to his/her own frequency. These broadcasts are information channels of the universe. These information channels are reflected to physical level as "brain waves". (Not only the brain but every organ has such waves. But because of our subject we are focused on brain waves.)

Numeral values of gematria are vibrational values. Every value represents a different state of consciousness. These states of consciousness are present in our potential, even if we are not experiencing all of them in our daily life. Every of them has a special function. Like our channels of TV, they have managers, workers, technical centers, spectators, programs, etc. There are the branches of the tree of life.

Every disease can be healed by appropriate vibrations and one can provide the needed vibration by very different ways and means.

The increase in the Schumann Resonance which is the natural frequency of human and world, reflects the increase of awareness and a shift of paradigm in our day.

Tree of life includes all archetypes present in our collective unconscious and individual essence.



**SECTION 6:**  
**UNIVERSAL FORCES AND OUT OF BODY EXPERIENCES**

Four main forces known in the science of physics reflect four elements. They are present in the body of human beings as well. They are functioning not only at physical level but also at etheric, astral, mental and causal levels.

Nucleotides	Elements	Forces	Particles
cytosine	earth	gravitational force	graviton
adenine	air	electromagnetic force	photons
guanine	water	weak force	intermediate bosons
thymine	fire	strong force	gluon
uracil	ether	consciousness	?

One of them is gravitation. It is a principle which guides astral travels and all sorts of out of body experiences. Outer space and inner space of human being are the same. Event horizon of black holes and seizure threshold of people are the same. The target is not to eradicate these experiences, but to have a control on them. (For the power which cannot be controlled is not a power.) Shamanic techniques serve to this goal.

The phenomena known in Aerospace Medicine as G-LOC and disorientation are processes operating in the same way as epileptic seizures. A relation should be built between Neurology and Aerospace Medicine.

In this section it is explained in details how to trigger the travel (OOBE), how to launch it and what to do after coming back.

The experience of tunnel represents the process of initiation. We may be warned by seizures about the need to complete the interrupted initiation processes in our former lifetimes.

It is found that “quantum tunnelling” is being experienced also in the brain. The form of the miniature motor end plac potentials (MEPP) related to this phenomenon is exactly like the spike-wave EEG form which is seen in epilepsy. For both of them are out of body experiences.

Epilepsy is called “sacred disease”, because the individual is making a contact (or visit) to the next world. The seizure is a miniature experience of death and resurrection. It is closely related to the initiation and has a meaning of spiritual vocation for many patients. The individual who has a spiritual vocation may experience seizures and many other phenomena. Spiritualism and shamanism do not belong to any specific religion or doctrine. They are present in all religions and esoteric doctrines. Some common points of them are a dedicated life and a sense of sacred mission.

## SECTION 7: NEUROTHEOLOGY

The history of the neurotheology is explained in this section. In this framework transpersonal psychology and many neurological studies on spiritual and religious experiences are discussed. Spiritual&shamanic vocation, sense of spiritual/religious mission, sensed presence, the role of the temporal lobes, the peculiarities of temporal lobe epilepsy, the effects of very high Yin, the way of creating value from high Yin, a splitting of the perceptual stream, brain and body electricity, grounding, the role of pineal and electroconvulsive therapy are studied.

The electrical stream has its own ways in the brain. The ways of this stream and its stations in specific lobes should be considered together with their esoteric and symbolic sides. Shiva who is one of three Logos' and who represents the dissolving and destructive principle, is an extremely important figure for epilepsy. Nataraja (King of Dance, a name of Shiva) is dancing on the body of a demon. The name of this demon is "apasmara purusha" and "apasmara" means "epilepsy" in ayurvedic literature. Dancing on this creature who represents our unenlightened sides means initiation. The disease of epilepsy is a call for initiation.

"Self control" is one of the concepts represented by Shiva and has taken its place among behavioural therapies of epilepsy already. Dance and rhythm may have an important role in the treatment of epilepsy. A patient who accepts the shamanic call (invitation) will execute shamanic dances after initiation. Waking Kundalini up may be a cause of healing for this disease.

Shamanic call or invitation cannot be refused. The esoteric traditions explain that such a refusal would cause either a mental disorder or death. Or both of them! Even if this seems like a sensual and non-scientific comment, it is supported by many medical studies. The phenomenon of "sensed presence" is a spiritual guidance provided by non-physical existences. The very specific psychiatric dimension of epilepsy, its rate of mortality, SUDEP cases and suicide attempts of patients are data supporting the explanation of esoteric traditions.

Epilepsy is seen in babies and aged people more often. These ages (the beginning and the end of the life) are relatively more independent from circadian rhythms. For these groups need more contact with spatium (next world). Babies have just come from there and their contacts should continue for a short time. Old people will pass away in a short time and they should have close contact with spatium in order to prepare themselves for a good passing. These two groups of individuals need out of body experiences more than other individuals and epileptic seizure is one sort of abovementioned experiences.

Because of this need for contact with spatium, an individual may prepare himself/herself for death by experiencing epileptic seizures. The reason for the very high mortality of epilepsy is its function to prepare the individual for death. I mean, the reason of high mortality is not its being dangerous, risky, catastrophical, etc. Epilepsy doesn't cause death directly (but the accidents). It only prepares the individual to die. There are a lot of young and old individuals to whom epilepsy accompanied in the last few years of life. In such cases the individual knows by intuition or a feeling, what he/she is preparing himself/herself for. But this feeling cannot be shared in majority.

Circadian rhythm is a very significant issue in epilepsy and this disease has its own circadian rhythms as well. Besides rhythmic movements and music, a sense of humour is a very important need of the patient.

It is highly possible that gray matter in the brain is representing Yin and white matter Yang principle. Brain waves, hormones, neurotransmitters and amino acids have a polarity as well. In this framework "adrenergic" means "Yang" and "kolinergic" means "Yin".



**SECTION 8:  
A PROGRAMME OF 8 WEEKS TO BE BALANCED BY DECREASING  
YIN AND INCREASING YANG**

This section is a programme of work for eight weeks including mental, sensual, physical and behavioural elements. Its goal is to be balanced by decreasing the excessive Yin principle and increasing Yang principle.

**SECTION 9:  
A PROGRAMME OF 9 WEEKS TO BE BALANCED BY CREATING  
VALUE FROM A HIGH YIN**

This section is a programme of work for nine weeks for the patients who should choose the way of shaman. Its goal is to create value from excessive/high Yin principle. Both programmes of work include elements of self-control and spiritual techniques.



## **SECTION 10:**

### **COMPLEMENTARY AND ALTERNATIVE WAYS FOR THE TREATMENT OF EPILEPSY**

Complementary and alternative treatments for epilepsy are discussed in this section. Yoga, meditation, breathing techniques, fitotherapy, balneotherapy, vibrations of crystals and colours, acupuncture, homeopathy, magnetic and spiritual healing, verbal therapy, building social networks for sharing experiences, changes on life attitude and style are discussed regards to epilepsy. Furthermore Ayurveda and Sufi medicine approaches are reviewed shortly.